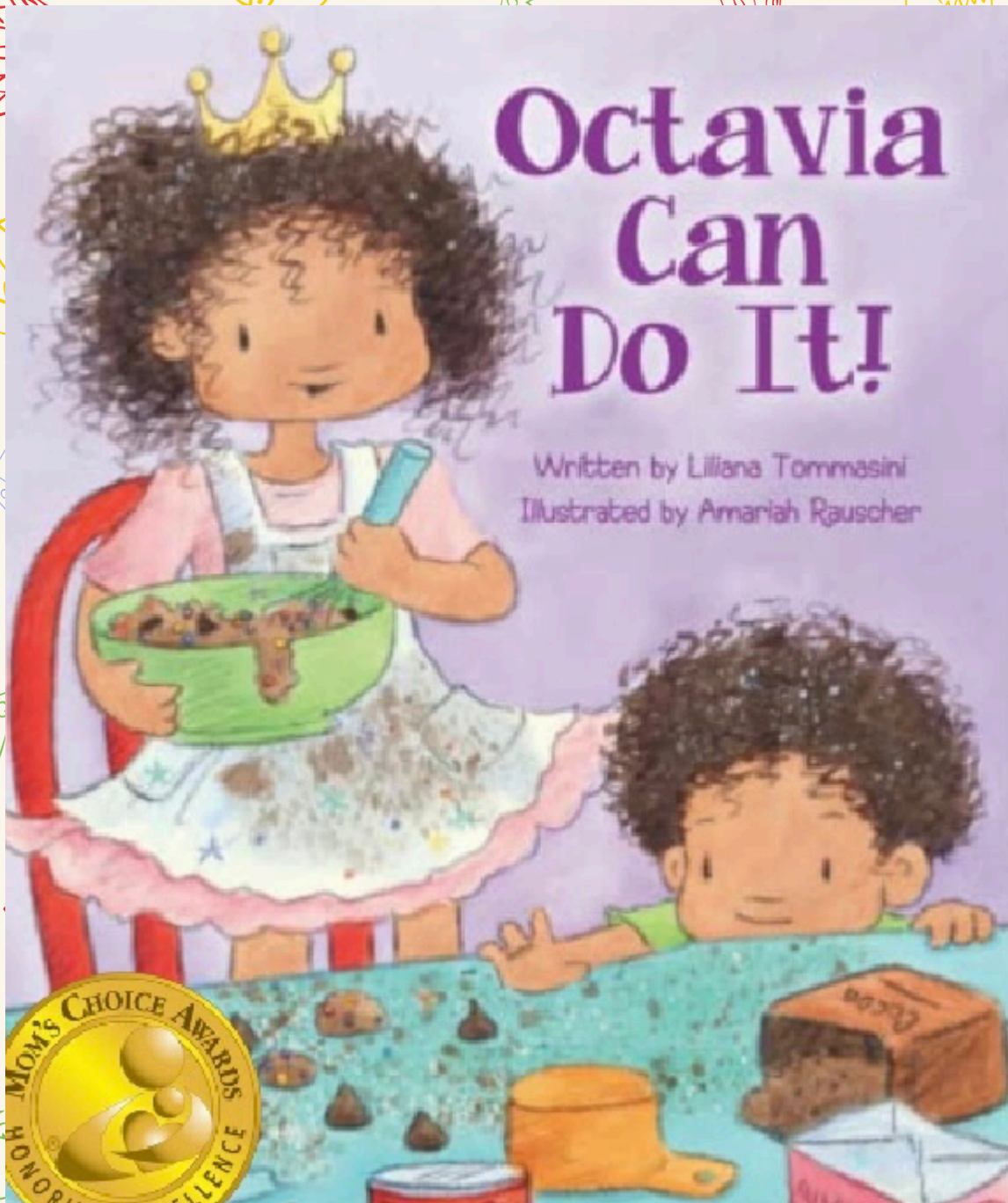


Octavia Can Do It!!

S.T.R.E.T.CH Activity Resource Guide



Printed by Miriam Laundry Publishing Company. Octavia Can Do It! is available in English & French

Octavia Can Do It!



Ages 4-6, Preschool-1st grade

Written by Liliana Tommasini

ASIN : B09WPB2PNK

Illustrated by Amariah Rauscher

Story Summary

Octavia is a spunky little girl who loves to bake cookies with her Mama. Mixing flour, butter and eggs are some of her favourite things to do. Today, Octavia wants to do things differently.

When Mama steps out of the kitchen, Octavia takes over with an “I can do it” attitude. But as flour and cocoa cover the walls, cabinets, and countertop, she starts to question herself.

Will her cookies turn out as good as Mama’s cookies?

Octavia Can Do It! is the humorous story of a young girl as she discovers that even the most independent people need a little help sometimes.

Skill Development Aligned with:

Play-Based Kindergarten Learning Curriculum

Social-Emotional Learning (SEL)/ Math Skills

Language and Reading Skills

Celebrate the independent spirit of a little girl, while teaching children that sometimes it's best to accept help.

Pre-k-Grade 1 Curriculum This Story Supports

Octavia Can Do It!

supports skill development in:

Play Based Kindergarten Learning Curriculum

Play-based learning is designed to help children develop a strong foundation in:

- problem solving and creative thinking
- thinking critically about ideas and information in literacy and math
- learning to think for themselves, understanding their feelings and those around them, recognizing and respecting differences in others, and assessing the consequences of their actions
- understanding their connections, contributions and relationships with others as part of a group, a community and the natural world
- developing socially and emotionally through their relationships with other children and the educators who guide them
- developing as a citizen, through a sense of personal connectedness to various communities, like their class and their school

Language

1. Read and demonstrate an understanding of a variety of literary, graphic, and informational texts, using a range of strategies to construct meaning;
2. Recognize a variety of text forms, text features, and stylistic elements and demonstrate understanding of how they help communicate meaning;
3. Use knowledge of words and cueing systems to read fluently;
4. Reflect on and identify their strengths as readers, areas for improvement, and the strategies they found most helpful before, during, and after reading.

Social-Emotional Learning (SEL)/ Math Skills

- Develop social-emotional learning skills to support learning of math concepts and skills
- Foster overall well-being and ability to learn, and help build resilience

Detailed Skills this Story Reinforces

Octavia Can Do It!

fosters specific skill development in:

Play Based Learning

Social-Emotional Learning (SEL) Skills

- Recognize sources of stress and cope with challenges
- Maintain positive motivation and perseverance
- Build relationships and communicate effectively
- Develop self-awareness and sense of identity
- Think critically and creatively

Language

Early reading skills (4-6)

Oral Language including listening, speaking and understanding in first or other languages

Word reading Fluency including decoding and reading words efficiently and with automaticity.

Reading Comprehension including making meaning of text

Increasing Self Efficacy

Mathematics

Identify and manage emotions while applying mathematical process' of:

Problem Solving, Reasoning, Reflecting, Connecting, Communicating, Representing,
Selecting Tools and Strategies

in order to solve mathematical problems in the areas of:

Number Sense, Whole Numbers, Fractions, Operations,
Mental Math, Probability, Geometric and Spatial Reasoning,
Patterns, Measurement, Time

S.T.R.E.T.CH Activities BEFORE Reading

Octavia Can Do It!



Discuss **vocabulary** that may be unknown in the story: adjusted, frizzy, scooter, ingredients, measure, wandered, grumbled, gasped, fetched, scowled.

Ask children to act out what a 'scowl' might look like; or what a 'gasp' might sound like. Ask them to 'fetch' a toy, or pretend to 'adjust' their crown. Have they been on a 'scooter'? What do they like best about riding a scooter?



Review **high frequency sight words*** included in this story:

a, girl, now, as, she, in, the, for, on, the, want, you, said, are, and, where, her, one, two, so, ask, my, out, here. Find some of them in the book. Play a concentration or matching card game with the words; or place sight words on floor and have children touch the word with a spatula when it is called out.

**High frequency sight words are words that do not follow conventional letter-sound rules.*



Spark interest and build background knowledge by doing a 2 minute **Picture Book Walk** to allow children to anticipate story events, and begin to make connections. Ask questions such as "Look at this book cover. Can you predict what this book will be about?" "What does this picture tell us? Have you ever done something like this? When? With whom?"

to allow children to anticipate story events, inference, and begin to make

Bullet List of Curriculum areas where CCSS or Standards align Here



Identify the front cover, back cover, and title page of Octavia Can Do It!.

Name the author and the illustrator and define the roles of each.

Write! Complete the sentence 'The best part of baking is...or I can ask for help when I need...'

Refer to the list of **BEFORE READING Questions** on page 9

S.T.R.E.T.CH Activities DURING Reading

Octavia Can Do It!



First Read: Enjoy the story stopping when child(ren) express interest in what they see or hear.

Future Reads: If child(ren) shows interest, focus on specific skill development such as:

Making Predictions is a perfect reading strategy for emerging readers.

Find a few good stopping points while reading and ask

"What do you think will happen next?"

Pause and read familiar words or phrases together.

(I can, I can do it, cookies, mama)



Think-alouds during reading will engage, encourage language, turn-taking, and active use of cognitive thinking!

(Octavia looks concerned here, I wonder why...I will reread this page because I heard 2 great adjectives...This part made me think of... I like the way the illustrator drew this illustration)



Discuss **feelings** of the characters: Octavia is feeling excited here...Have you ever felt excited? Can you show me what excited looks like? Where were you when you felt excited? When have you seen me excited?

How is Octavia feeling in this part of the story? How do you know?

Why is she feeling this way?

Bullet List of Curriculum areas where CCSS or Standards align Here



Refer to the list of [DURING READING Questions](#) on page 9

S.T.R.E.T.CH Activities AFTER Reading

Octavia Can Do It!



Encourage retelling and sequencing by looking at the illustrations. Ask who, what, where, why, how questions.

What happened first? Next what happened?

Why do you think Mama left Octavia alone in the kitchen?

Where was Octavia when the story started? Where was she at the end of the story? How did Octavia's brother Ludovic help?

What needs to happen for cookies to come out of the oven tasting delicious?

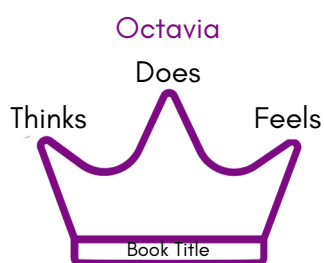


3 Story Maps



5-Finger Retell

1. Characters
2. Setting
3. Beginning
4. Middle
5. End



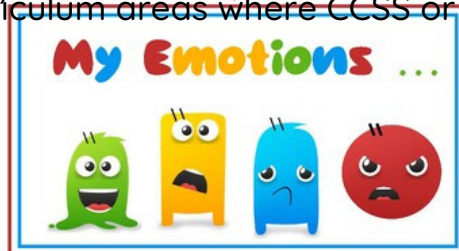
Problem	Solution



Develop emotional intelligence. Ask What does scared look like? What does disappointed feel like? How does impatient feel?

Identify Zones of Regulation. When the egg dropped on the floor, Octavia felt nervous; what zone was she in? (yellow) While the cookies were in the oven Octavia felt proud; what zone was she in? (green) When the cookies tasted salty Octavia felt sad; what zone was she in? (blue)

Bullet List of Curriculum areas where CCSS or Standards align Here



Refer to the list of [AFTER READING Questions](#) on page 9

S.T.R.E.T.CH Activities for Music, Movement, Art

Music

Fun Food Songs for Young Children

On the Good Ship Lollipop, Shirley Temple
Apples and Bananas, Raffi
Banana Song, City Stomp
On Top of Spaghetti, Tom Glazer
C is for Cookie, Sesame Street
Bagel, Music for Aardvarks
All Around the Kitchen, Dan Zanes
Pat A Cake, Pat A Cake Baker's Man
The Muffin Man folk song

You Tube Videos

Baking is Fun - Pat A Cake song
and more Baking Songs for Kids
Lellobee



For Pre-K Kids

I'm a Little Teapot
The Ants Go Marching One by One

Movement Activities

For all Ages

Play Music and Dance!
Grab a handful of chocolate chips-
This is how many push-ups to do!

For all Ages

Cookie Cutter Scavenger Hunt

Hide several different shaped cookie cutters around the play area. Give kids a list or pictures of the cookie cutters they must find.

Another kitchen scavenger hunt idea is to hide the utensils, ingredients, and other items needed to complete a certain recipe. Kids must gather all the items in order to perform their cooking tasks.

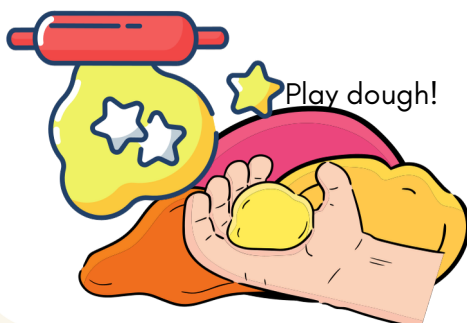
Art Activities



Cookie Cutter
Painting



Paper Cookies!



Play dough!



Cookie Monster!



Decorate a

C is for Cookie

S.T.R.E.T.CH Discussion Questions



Ask some of the questions below to stimulate all levels of comprehension.

Big Picture comprehension questions based on whole story and
Specific Purpose questions based on one small piece of the story- including:
Detail or Fact Based, Following Directions, Main Idea, Inference, and Sequence questions.

BEFORE READING QUESTIONS:

Looking at the cover, what do you think the book will be about?
Why do you think the author used this title?
After doing a picture walk of Octavia Can Do It!, what do you think will be the author's purpose in writing this book?
What do you think the problem will be?
Why do you think the illustrator chose these images for the book cover?
What questions do you have before we read this book?

DURING READING QUESTIONS:

Can you share any type of connection you have so far with this book?
Are there any words that are confusing you?
What do you think about Octavia's actions?
How is Octavia feeling here? What could Octavia do different?
Based on what we have read so far, what do you think will happen next?
Do you relate to any of the characters? Why or why not?
How would you summarize what we have read so far?
Can you share a cause-and-effect situation that has happened so far?

AFTER READING QUESTIONS:

Can you summarize the story in just two or three sentences?
If you could step into this book, what's the first thing you would do? Why?
What part of the book did you find most interesting? Why?
Did you learn any new vocabulary?
What questions would you ask the author?
Describe how Octavia was feeling at the beginning, middle, end of the book.
What was your favorite part of the story? Why?

Find a FREE downloadable **multiple choice comprehension worksheet** at:
www.lilianatommasini.com



More S.T.R.E.T.CH Ideas



It's Okay
to Ask for help!

Give Children the Words to Ask for Help!

Help Please!

I tried _____ and _____, but I'm still stuck.

Could you help me, please?

I'm feeling overwhelmed. I need a short break before I try again.

Here's what I'm planning. Do you have any suggestions?

Is now a good time for me to ask for help?

Write a Recipe that describes you or someone you know



for _____ n a m e _____

1 cup of _____

2 teaspoons of _____

a pinch of _____

Stir in a handful of _____

ADJECTIVES

fun, active, chatty, kind,

curious, confident,

patient, friendly,

amazing, funny, brave,

gentle, sweet, tidy,

creative, cooperative,

helpful, determined,

energetic, happy

YES! C is For Cookie sing-a-long

copyright protected, Holly DiBella-McCarthy (2023)

adapted from the original C is for Cookie by Joe Raposo (1971)

C is for cookie, a yummy treat for me

C is for cookie, As good as it can be

C is for cookie, a yummy treat for me

YES! Cookie, cookie, cookie starts with C

About the Book Creators

Octavia Can Do It!



About the Author

Liliana Tommasini is a member of the Society of Children's Book Writers and Illustrators. She believes children should be empowered to explore and learn to ask for help when needed. Liliana enjoys collecting and writing cookbook reviews for her blog, My Cookbook Addiction, cookbook of Canada website. Liliana is a wife, mother of two grown daughters, and Nonna (Grandmother) of two grandchildren. She loves to play games, read stories, and bake with her grandchildren. She lives with her husband and their red beautiful province of Quebec. *Octavia Can Do It!* is Liliana's first children's book.

To connect with Liliana, you can visit her website, lilianatommasini.com or find her on instagram @lilianatommasiniauthor



About the Illustrator

Amariah Rauscher is a watercolor and charcoal pencil. Amariah is the illustrator of Scholastic's Princess Truly books. She lives with her family in Mandale, Louisiana.

When Amariah is not painting she can be found reading books and spending time with her family.



Resources and Contact Information

Octavia Can Do It! b y Liliana Tommasini



Visit

www.lilianatommasini.com

Find Free Resources!



Octavia Can Do It!
Multiple Choice Comprehension Worksheet
Read and Discuss!
Encourage children the chance to explore
their feelings and ask
questions in a safe space.



[Download Colouring Pages](#)



[Download Octavia's FREE Double
Chocolate Cookies Recipe](#)

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Liliana Tommasini

Children's Book Author



 www.lilianatommasini.com

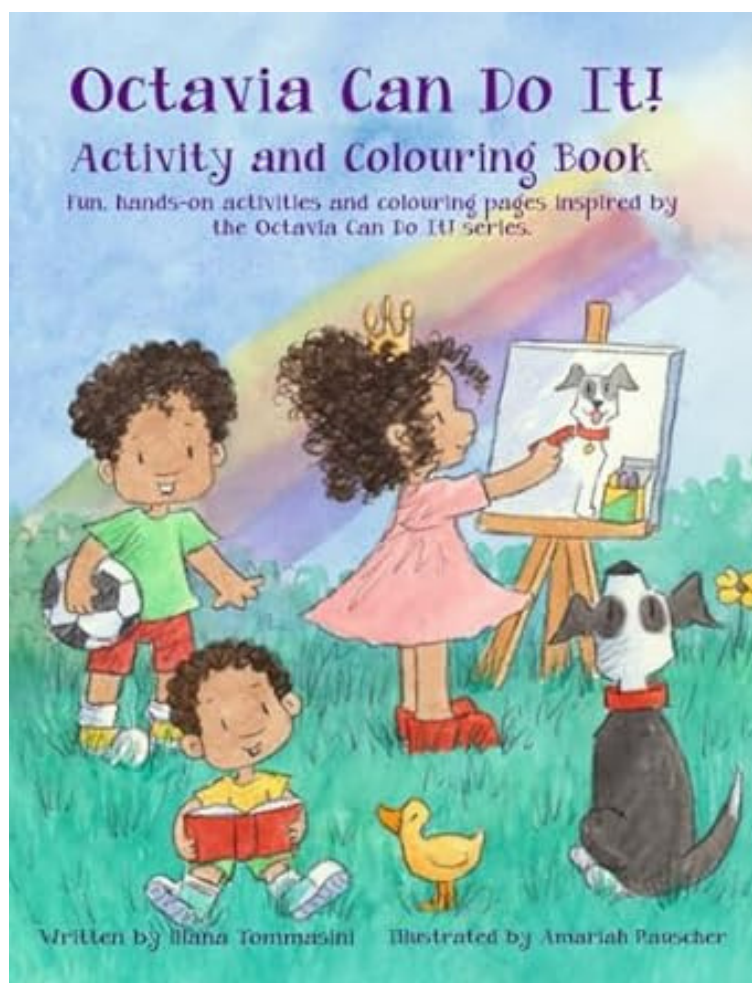
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Liliana Tommasini

Children's Book Author

Join Octavia, Ludovic, and Nathanaël for fun and creativity in The Octavia Can Do It! Activity and Colouring Book! Packed with colouring pages and activities, it inspires kids to explore, learn, and believe they can do anything!



Now available on Amazon
in English and French